

Frederick Striders Practice Schedule 2010

Practice will be held at Tuscarora High and Tuscarora Elem. Schools

Highlighted dates we will practice at the Elementary school

www.frederickstriders.com

Date	Start Time	End Time
MON. 3/8/2010	5:30 PM	7:00 PM
WED. 3/10/2010	5:30 PM	7:00 PM
SAT. 3/13/2010	10:00 AM	11:30 AM
MON. 3/15/2010	5:30 PM	7:00 PM
WED. 3/17/2010	5:30 PM	7:00 PM
SAT. 3/20/2010	10:00 AM	11:30 AM
MON. 3/22/2010	5:30 PM	7:00 PM
WED. 3/24/2010	5:30 PM	7:00 PM
SAT. 3/27/2010	10:00 AM	11:30 AM
MON. 3/29/2010	5:30 PM	7:00 PM
WED. 3/31/2010	5:30 PM	7:00 PM
SAT. 4/3/2010	10:00 AM	11:30 AM
MON. 4/5/2010	5:30 PM	7:00 PM
WED. 4/7/2010	5:30 PM	7:00 PM
SAT. 4/10/2010	10:00 AM	11:30 AM
MON. 4/12/2010	5:30 PM	7:00 PM
WED. 4/14/2010	5:30 PM	7:00 PM
SAT. 4/17/2010	10:00 AM	11:30 AM
MON. 4/19/2010	5:30 PM	7:00 PM
WED. 4/21/2010	5:30 PM	7:00 PM
SAT. 4/24/2010	10:00 AM	11:30 AM
MON. 4/26/2010	5:30 PM	7:00 PM
WED. 4/28/2010	5:30 PM	7:00 PM
<i>5/1/2010-Our Track Meet</i>	<i>8:00 AM</i>	
MON. 5/3/2010	5:30 PM	7:00 PM
WED. 5/5/2010	5:30 PM	7:00 PM
SAT. 5/8/2010	10:00 AM	11:30 AM
MON. 5/10/2010	5:30 PM	7:00 PM
WED. 5/12/2010	5:30 PM	7:00 PM
SAT. 5/15/2010	10:00 AM	11:30 AM
MON. 5/17/2010	5:30 PM	7:00 PM
WED. 5/19/2010	5:30 PM	7:00 PM
SAT. 5/22/2010	10:00 AM	11:30 AM
MON. 5/24/2010	5:30 PM	7:00 PM
WED. 5/26/2010	5:30 PM	7:00 PM
SAT. 5/29/2010	10:00 AM	11:30 AM
MON. 5/31/2010	5:30 PM	7:00 PM
WED. 6/2/2010	5:30 PM	7:00 PM
SAT. 6/5/2010	10:00 AM	11:30 AM
MON. 6/7/2010	5:30 PM	7:00 PM
WED. 6/9/2010	5:30 PM	7:00 PM
SAT. 6/12/2010	10:00 AM	11:30 AM
MON. 6/14/2010	5:30 PM	7:00 PM
WED. 6/16/2010	6:00 PM	7:30 PM
FRI. 6/18/2010	6:00 PM	7:30 PM
SAT. 6/19/2010	9:30 AM	11:00 AM
MON. 6/21/2010	6:00 PM	7:00 PM

TUE. 6/22/2010	6:00 PM	7:30 PM
WED. 6/23/2010	6:00 PM	7:30 PM
SAT. 6/26/2010	9:30 AM	11:00 AM
MON. 6/28/2010	6:00 PM	7:30 PM
TUE. 6/29/2010	6:00 PM	7:30 PM
WED. 6/30/2010	6:00 PM	7:30 PM
SAT. 7/3/2010	9:30 AM	11:00 AM
MON. 7/5/2010	6:00 PM	7:30 PM
WED. 7/7/2010	6:00 PM	7:30 PM
THU. 7/8/2010	6:00 PM	7:30 PM
SAT. 7/10/2010	9:30 AM	11:00 AM
MON. 7/12/2010	6:00 PM	7:30 PM
TUE. 7/13/2010	6:00 PM	7:30 PM
WED. 7/14/2010	6:00 PM	7:30 PM
SAT. 7/17/2010	9:30 AM	11:00 AM
MON. 7/19/2010	6:00 PM	7:30 PM
TUE. 7/20/2010	6:00 PM	7:30 PM
WED. 7/21/2010	6:00 PM	7:30 PM
SAT. 7/24/2010	9:30 AM	11:00 AM
MON. 7/26/2010	6:00 PM	7:30 PM
TUE. 7/27/2010	6:00 PM	7:30 PM
WED. 7/28/2010	6:00 PM	7:30 PM

This schedule is subject to change based on the availability of the schools.

When we have a track meet, we will not have practice.

If you will not be participating in the track meets in June and July, you are still welcome to come to practice.