

Frederick Striders AAU District Championship Meet Information

June 11 & 12, 2011

This meet is not mandatory it is up to the parents if you would like your child to participate.

All athletes who compete in this meet are eligible to compete in the AAU National Qualifier Meet June 23-26, 2011 (This schedule is also posted on the website)

Listed below are the requirements to participate in this meet.

All athletes must have a current AAU Membership Card.

The Strider club code was emailed to you on April 5, 2011 (please keep the club code confidential)

To get a card go to our website, meet schedule page,
and click on aaathletics.org.

The cost is \$12 per card. You will need a credit card and a printer
to print out 2 copies of your card. One copy for us to keep and one for you.

The sport is Athletics (T & F, X-Country, Multis)

The Strider club code was emailed to you on April 5, 2011 (please keep the club code confidential)

The cost for this meet is \$20 per athlete.

Cash, check, or money order made payable to **Frederick Striders Track Club**.

We must have the athlete's birth certificate already on file.

Completed athlete waiver

You will need to print and complete the form from the website. We will mail it.

Completed entry form

We will register each athlete online with coacho.com.

**The completed entry form, athlete waiver,
copy of the AAU card and your payment must be
turned in together on or before June 1, 2011 6 pm.**

No Exceptions!

Thank you

Frederick Striders AAU District Championship Entry Form

June 11 & 12, 2011

Please Print

Athlete Name _____ Male/Female

Address _____

City _____ St _____ Zipcode _____

Phone number _____

Birthday (MM/DD/YY) _____ Age as of 12/31/11 _____

AAU Division (i.e. primary, sub-bantam) _____

AAU Membership Number _____

Ages 12 and under-3 events including relays Ages 13 and up-4 events including relays

Event 1 _____

Event 2 _____

Event 3 _____

Event 4 _____

**ALL ITEMS LISTED BELOW MUST BE SUBMITTED
TOGETHER ON OR BEFORE JUNE 1, 2011 - 6 PM
NO EXCEPTIONS.**

Completed entry form (this form)

Athlete waiver (you need to print it from the website)

Copy of the AAU membership card (for us to keep)

Payment (cash or check payable to Frederick Striders)

We must have the athlete's birth certificate already on file