

## CATOCTIN YOUTH TRACK AND FIELD MEET

Date: Saturday June 7, 2008  
Location: Catoctin High School  
Registration: 8:00 a.m. to 9:00 a.m.  
Entry Fee: \$5.00 per athlete  
Meet Starts: 9:05 a.m.  
Age Groups: 6 & Under; 7/8; 9/10; 11/12; 13/14; 15/16

Age determined as of 12/31/08

### **# of Events:**

- (1) Track and field event for 6 & under (50M Run)
- (3) For 7/8 – 11/2
- (4) For 13/14.

**Awards:** Ribbons for Top Six Finishers!!!

**Spikes:** No spike nail can be longer than 1/8

**Concession:** CONCESSIONS WILL BE SOLD

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### **Order of Events – This is a “running-events” only Meet!**

#### **Running Events:**

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|-----------------------|-------------------------------|
| 1. 200 M Hurdles:     | 13/14                         |
| 2. 3000 M Run:        | 11/12 & 13/14                 |
| 3. 80 M Hurdles:      | (8 @ 30”) 11/12               |
| 4. 100 M Hurdles:     | (10) Boys 33” girls 30” 13/14 |
| 5. 800 M run:         | 7/8, 9/10, 11/12, 13/14       |
| 6. 50 M run:          | 6 & Under                     |
| 7. 100 M Dash (Final) | 7/8, 9/10, 11/12, 13/14       |
| 8. 1500 M Run:        | 7/8; 9/10, 11/12, 13/14       |
| 9. 200 M Run:         | 7/8, 9/10, 11/12, 13/14       |
| 10. 400 M Run:        | 7/8, 9/10, 11/12, 13/14       |
| 11. 4x100 Relay:      | 9/10, 11/12, 13/14            |
| 12. 4x400 Relay:      | 9/10, 11/12, 13/14            |
| 13. 4x800 Relay       | 11/12, 13/14                  |

Contact Coach Steiner with questions: [steindawg@msn.com](mailto:steindawg@msn.com) or 240-422-7996.  
Teams that wish to pay for all the kids at once, please let Coach know.