

CATOCTIN YOUTH TRACK AND FIELD MEET

Date: Saturday May 17, 2008
Location: Catoctin High School
Registration: 8:00 a.m. to 9:00 a.m.
Entry Fee: \$5.00 per athlete
Meet Starts: 9:05 a.m.
Age Groups: 6 & Under; 7/8; 9/10; 11/12; 13/14; 15/16

Age determined as of 12/31/08

of Events:

- (2) Track and field event for 6 & under (50M Run; Long Jump),
- (3) For 7/8 – 11/2
- (4) For 13/14.

Awards: Ribbons for Top Six Finishers!!!

Spikes: No spike nail can be longer than 1/8

Concession: Concessions will be sold

Order of Events

Running Events:

1. 200 M Hurdles: 13/14
2. 3000 M Run: 11/12 & 13/14
3. 80 M Hurdles: (8 @ 30") 11/12
4. 100 M Hurdles: (10) Boys 33" girls 30" 13/14
5. 800 M run: 7/8, 9/10, 11/12, 13/14
6. 50 M run: 6 & Under
7. 100 M Dash (Final) 7/8, 9/10, 11/12, 13/14
8. 1500 M Run: 9/10, 11/12, 13/14
9. 200 M Run: 7/8, 9/10, 11/12, 13/14
10. 400 M Run: 7/8, 9/10, 11/12, 13/14
11. 4x100 Relay: 9/10, 11/12, 13/14
12. 4x400 Relay: 9/10, 11/12, 13/14
13. 4x800 Relay: 11/12, 13/14

Field Events:

1. Shot Put: 7/8, 9/10, 11/12, 13/14
2. Discus: 11/12 & 13/14
3. Long Jump: Pit 1 13/14 & 11/12
Pit 2 7/8, 9/10, 6 & Under
4. High Jump: 11/12 – 13/14 – 9/10